

# INTO THE ARC - EPISODE 4

## *The Art of Engineering Your Own Luck*

### 01. THE CURRENT REALITY

Where in your life do you feel like “nothing is happening?” Be specific - career, dating, business, social life, etc.

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### 02. THE VOLUME CHECK

In the past 30 days, how many real attempts have you made? (Example: applications sent, people reached out to, events attended, content posted, etc.)

Number: \_\_\_\_\_

Now ask yourself:  
Is this enough volume for results to realistically occur?

Yes     No

### 04. THE REJECTION REFRAME

How are you currently interpreting rejection?

- Personal
- Embarrassing
- Discouraging
- Expected
- Neutral

### 06. THE PROXIMITY QUESTION

Are you in rooms where opportunities actually exist? Where do these rooms exist? How do you enter?

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### 07. THE SHIFT

Finish this sentence: Instead of waiting for something to happen, I will increase my chances by ...

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### 03. THE EXPOSURE TEST

Are your attempts happening in the same environments?

- Same people
- Same spaces
- Same patterns
- New rooms
- New people
- New opportunities

*Luck cannot find you in the same place every time.*

### 05. THE OPTIONALITY CHECK

If this path doesn't work....

Do you have other options?

Yes     No

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*You are not unlucky. You are underexposed.*